

## THE ONE THING EVERY HIGHPOINTER NEEDS





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If you are like us you know that planning for a highpoint trip can be a little overwhelming. We have found ourselves many times just winging it and hoping for the best, and ended up drenched from an unexpected rainstorm or even worse stranded on a summit at night without a headlamp because we thought...."we'll be up and down in no time!" Don't judge, we've made lots of mistakes, we know!

We've climbed Denali, Britton Hill and everything in between, and we know how tough it can be to put a good plan in place. That's why we created our big picture checklist that can be used to cover everything you need to know to have a successful trip.

Hopefully you have watched The Highpointers, and if you have then you know every highpoint trip always begins with the one checklist every highpointer needs to know and that's the SHUN list. We call it the SHUN list because each item on the list ends in 'tion'....We're basically hiking cavemen.

We wanted the list to be easy to remember, and broad enough to cover every highpoint no matter how small or tough the peak. It doesn't matter if you're new to highpointing or if you've done it for years. It helps to stay organized and having a good plan in place is key.

The Shun list helps to create a good habit, and when you find yourself getting to more challenging highpoints you will know exactly what is needed. It's also a great way to document all the important details of each highpoint, so you have something to refer back to in the future.

We have provided short descriptions of each item on the Shun list to use as a reference. We have also included a blank form for you to use on all of your future highpoint trips.

We hope to see y'all on the next summit!

-The Bargo Bros





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Location - Seems like a pretty easy one, and it is. But you would be surprised how many people are unaware of their surroundings. Get to know the area. Where is the peak located? Is it in a state park, national park, national forest, or down some dusty jeep road. Make sure you know where you're going and what regulations are required (see #5 regulation).

Elevation - A key factor in any highpoint is knowing the peaks summit elevation and how much elevation gain is required to get to the top. Many highpoints also have different route options and knowing which one you should take can be important to your success. Should you attempt a shorter and steeper trail that's known for its beauty, but has a lot of rock scrambling? Or should you choose the safer standard approach knowing that you may get stuck behind a long line of people all heading towards the summit?

**Precipitation** - We like to say there is no such thing as bad weather, only bad preparation. Every highpoint has the chance for extreme weather and you need to be prepared for all conditions. Is there a chance for thunderstorms, snow, high winds (Mt Washington has the highest ever recorded wind speed of 231 mph!!), or extreme heat and humidity? The time of year plays a big role in what you may encounter. Anticipate and plan for the worst case scenario even before you place your first step on a highpoint. Weather can be the difference between a memory of a lifetime or a nightmare you wish never happened.

**Gear Identification** - This is where the highpoint planning gets serious. Once you start climbing more léé highpoints you can begin to put together a few different gear lists. We typically have 3 main categories: one for easy short hikes, one for long day hikes, and the last for the overnight technical peaks. The three categories can be adjusted but we try to keep things as simple as possible. Our gear list for an easy highpoint may consist of a small daypack with a rain jacket, 1 liter of water, and a few snacks. We may throw in a headlamp if we know the trail is a little longer, or we may want to hang out on the summit and hike back in the dark. As you begin to figure out your gear list you can tweak it based on your unique preferences. A few things to remember: make sure you know how to use everything you carry, find a balance between making sure you have everything you need while keeping things as light as possible...your knees will thank you.



Regulation - Every highpoint typically has different requirements. Determine what permits you may need to enter the park, start your hike or be in the backcountry. Know the costs associated with the permits and if there are any additional fees to enter the park or to camp. There's nothing worse than showing up to the trailhead ready for the highpoint trip of your life and not reading the fine print on the Forest Service website saying you need a backcountry permit!













